“The use of video modeling for teaching leisure activities to children with developmental disabilities has proven effective in peer-reviewed literature.” — Dzeng & Kennedy

**INTRODUCTION**

- Leisure activities provide an opportunity for successful inclusion in a community.
- Video modeling is a visual stimuli that assists in providing visual cues for individuals with developmental disabilities so that they may engage in leisure activities.

**RESEARCH QUESTIONS**

**Primary Question:** What evidence supports the use of video modeling to teach individuals with developmental disabilities to engage in leisure activities?

1. What type of modeling is most common in existing literature?
2. What are the characteristics of participants?
3. To what extent did the studies meet WWC single case quality indicators?

**METHODS**

**Database Search**
- PsycArticles, PsycINFO, CINAHL, Dissertations and Theses (n=468)
- 1998-2018

**Search Terms**
- Video modeling, Video prompting, Video modeling, Video instruction, ASD, Developmental disabilities, Intellectual disabilities, Autism spectrum disorder AND Leisure, Recreation, Social activities

**Ancestral Search**
- Google Scholar
- Reviewed literature
- Hand search

**Total Articles**

4

**CONCLUSIONS**

- Video modeling is effective for teaching leisure activities to children with developmental disabilities.
- Video modeling can be used to teach other leisure skills and expand interests.
- Teaching leisure skills in a methodical way may provide an avenue to teach other functional skills.
- Leisure activities provide an opportunity for social interaction with peers, communication, emotional development, and in some instances reduce symptoms of challenging behavior.
- Preference assessments should be carried out continuously to identify most preferred leisure activities.
- Researchers should examine the effect of age and gender when coming up with leisure activities for individuals with developmental disabilities.

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**THE EFFECTIVENESS OF VIDEO MODELING IN TEACHING INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES TO ENGAGE IN LEISURE ACTIVITIES: A REVIEW OF LITERATURE**

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